



# **LAREDO DRUG & ALCOHOL COMMISSION**

## **Substance Abuse Services Provider Directory 2019**

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## **COUNSELING AGENCIES**

### **ADVANCED CENTER FOR WELLNESS (ACW)**

6801 McPherson Rd., Ste 213, Laredo, TX 78041

Contact: Jose A. Gonzalez  
Office: 956.727.6016  
Fax: 956.726.8841  
E-mail: [jg71967@yahoo.com](mailto:jg71967@yahoo.com)  
[acwlaredo@yahoo.com](mailto:acwlaredo@yahoo.com)

Website:  
[www.joseagonzalezmhprofessional.com](http://www.joseagonzalezmhprofessional.com)  
[www.advancedcenterforwellness.com](http://www.advancedcenterforwellness.com)

#### ***Office Hours:***

Mon.-Fri. 9:00 a.m.-6:00 p.m.

#### ***Services Provided:***

Individual, marriage, couples, or relationship counseling; family therapy; group therapy; mediation; consultation; alcohol and drug abuse counseling; mental health evaluations; interventions for depression and anxiety; anger management; services for children (4-10), preadolescents (11-13), adolescents/teenagers (14-19), adults, and elders (65+).

#### ***Credentials:***

Licensed Professional Counselor (LPC); Licensed Chemical Dependency Counselor (LCDC); Certified Relationship Specialist (CRS); Certified Anger Resolution Therapist (CART); Certified and Registered Hypnotherapist (CRHT)

#### ***Fees:***

First visit \$140

\$70 hour

We are part of most insurance networks, providers for Home Land Security, and most EAPs in the region.

## **CITY OF LAREDO HEALTH DEPARTMENT**

### **Seymour/SAMHSA Office**

1403 N. Seymour Ave., Laredo, TX 78040

Office: 956.722.3651  
Fax: 956.722.3523  
Website: [www.ci.laredo.tx.us/health](http://www.ci.laredo.tx.us/health)

***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

***Services Provided:***

Case management; mental health counseling; group counseling (self-care, trauma and post traumatic stress disorder(PTSD), trauma management, substance abuse, prevention from self-destructive behaviors, identify and promote change, and learn self-respect); substance abuse treatment; HIV screenings and treatment options; hepatitis A,B & C screenings, hepatitis A & B vaccinations; hepatitis C treatment referrals; on-site health educators; also provide case management for women's health, HIV, adolescent health, and chronic disease management.

***Credentials:***

Licensed Professional Counselors (LPC/LPC-Intern); Licensed Chemical Dependency Counselors (LCDC)

***Fees:***

None

**LA FAMILIA CONSULTING AND COUNSELING SERVICES**

1319 Corpus Christi St., Ste. 1, Laredo, TX 78040

Contact: Jesse Gerardo Hernandez  
MA, LPC, LCDC  
Office: 956.795.0948  
E-mail: [lafamilia@bizlaredo.rr.com](mailto:lafamilia@bizlaredo.rr.com)  
Crisis/After Hours: 956.337.7551

***Office Hours:***

Tues.-Thurs. 8:00 a.m.-7:30 p.m.

Fri. 9:00 a.m.-7:15 p.m. (By appointment only)

***Services Provided:***

(Children, adolescents, and adults)-professional counseling, family counseling, marital counseling, individual counseling, chemical dependency counseling, co-occurring psychiatric and substance abuse services, EAP services, program development, training, and community presentations.

***Credentials:***

Licensed Professional Counselor (LPC); Board Approved Supervisor; Licensed Chemical Dependency Counselor (LCDC)

***Fees:***

Private Pay (\$75 - \$100 hour) (\$200 weekly)

**LAREDO COUNSELING SERVICES, INC.**

2315 E. Saunders St., Ste. 2, Laredo, TX 78041

Contact: Adriana Craddock, M.A.,  
LPC, LPA, LCDC, LBSW-IPR  
Office: 956.729.1991

***Office Hours:***

Mon.-Sat. (By appointment only)

***Services Provided:***

Individual Counseling (children, adolescents, and adults), family counseling, and substance abuse counseling (adolescents and adults).

***Credentials:***

Master of Arts in Counseling Psychology; Licensed Professional Counselor (LPC); Licensed Psychological Associate (LPA); Licensed Chemical Dependency Counselor (LCDC); National Certified Counselor (NCC); Licensed Baccalaureate Social Worker-Independent Practice Recognition (LBSW-IPR)

***Fees:***

Private payment arrangements (sliding scale as needed)

**LISA MARTINEZ COUNSELING CENTER**

6114 McPherson Rd. Laredo, TX 78041

Contact: Lisa Martinez  
Office: 956.724.4357  
E-mail:

[lisamartinezcounselingcenter@gmail.com](mailto:lisamartinezcounselingcenter@gmail.com)

***Office Hours:***

Mon.-Fri. 8:00 a.m.-6:00 p.m.

Supervised Visitations:

Mon.-Sat. 8:00 a.m.-8:00 p.m.

***Services Provided:***

Counseling services for children, adolescents, adults, marriages, families, foster children, and professional presentations. Treatment services for depression, anxiety, ADD/ADHD, conduct disorders, adjustment disorders, and parent-child relational problems. Supervised Visitations Services provided for families that require monitored visits, observations & supervised visitations for children in TDFPS custody who are visiting parents.

***Credentials:***

Licensed Professional Counselor (LPC); Board Certified Professional Counselor; Certified Nurturing Parenting Skills Trainer

***Fees:***

Set rate

Medicaid accepted

Most private insurance accepted

**MARIA DE SANTOS COUNSELING SERVICES**

1701 Jacaman Rd. Ste. 12, Laredo, TX 78041

Contact: Maria De Santos, M.A., LPC

Office: 956.744.6300

E-mail:

[mariadesantos17@outlook.com](mailto:mariadesantos17@outlook.com)

***Office Hours:***

Afternoons and weekends (by appointment only)

***Services Provided:***

Counseling for children, adolescents, adults, couples, and families

***Credentials:***

Licensed Professional Counselor (LPC)

***Fees:***

Private pay

**PSYCHOTHERAPY & COUNSELING ASSOCIATE**

1115 Chihuahua St., Ste. A, Laredo, TX 78040

Contact: Dr. Henry Carranza  
Office: 956.796.9335  
E-mail: carranzahen@yahoo.com  
Fax: 956.727.0774

***Office Hours:***

Tue.-Fri. 8:30 a.m.-5:00 p.m.; Sat. 10:30 a.m.-4:30 p.m.

***Services Provided:***

Psychotherapy, counseling, hypnosis, substance abuse and relaxation therapy for children, adolescents, adults, and geriatric individuals

***Credentials:***

Dr. Henry Carranza, PhD. In Psychology; Licensed Professional Counselor (LPC)

***Fees:***

Medicaid and Chip accepted  
Private pay arrangements available

**RAMIREZ COUNSELING SERVICES**

8709 Casa Verde Rd. Unit D 146, Laredo, TX 78041

Contact: Javier Ramirez  
Office: 956.334.6885  
Crisis/after hours: same

***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.; Available for emergencies

***Services Provided:***

Alcohol and drug abuse counseling, individual counseling, presentations, group and family sessions.

***Credentials:***

Licensed Clinical Social Worker (LCSW)

***Fees:***

\$75 hour  
Medicaid accepted  
Private insurance not accepted  
Private pay arrangements available

## **RECOVERY BEHAVIORAL PROGRAM COUNSELING SERVICES**

620 Corpus Christi St. Ste. A, Laredo, TX 78040

Contact: Cindy Martinez  
Office: 956.568.5464.  
Cellular: 956.286.0997  
Fax: 877.518.7853  
E-mail:  
rbpcounselingservices@yahoo.com

### ***Office Hours:***

Mon.-Fri. 1 p.m.-9 p.m. (Individual/Group Sessions, Parenting Sessions)

Sat. 8 a.m.-1 p.m. (Individual/Group Sessions)

Other office hours available for different services (By appointment only)

Thurs. 7:00 p.m.-9:00 p.m. (DWI Intervention Program Course)

Tues., Wed & Thurs. 6:00 p.m.-10:00 p.m. (DWI Ed)

### ***Services Provided:***

Sessions given include parenting classes (10 sessions), anger management (26 sessions), anger resolution therapy sessions (11 sessions), domestic violence session/Stop the Violence Program (26 sessions), relapse prevention group sessions. Also offer DWI education classes, Bridging the Gap VIP classes, DWI intervention program, Drug Offender Education Program (DEOP), drug and alcohol testing, and cognitive & life skills therapy sessions. Anti-Theft Course, social studies review, and substance abuse assessment.

### ***Credentials:***

Licensed Chemical Dependency Counselors (LCDC); Certified Parenting Skills Trainer; Certified Domestic Violence Trainer; Certified DWI Education and Intervention Program Instructor; Certified Drug Offender Education Program Instructor; Certified Anger Resolution Therapy Counselor

### ***Fees:***

Varies

Cash basis only

(Group sessions \$10.00, Individual Sessions \$60.00, Assessment \$50.00)

\$65.00 DWE Ed. Course

\$20.00 Bridging the Gap/VIP Course

\$300.00 DWI Intervention Program

\$115.00 Anger Resolution Therapy Session  
\$80.00 Drug Offender Education Program (DOEP)

**ROLANDO X. RODRIGUEZ, MD**

1319 Corpus Christi St. Ste. 2, Laredo, TX 78040

Contact: Rolando X. Rodriguez, MD  
Office: 956.236.4735  
Crisis/after hours: same

***Office Hours:***

Afternoon and evening by appointment only

***Services Provided:***

Evaluation and treatment of substance abuse & psychiatric conditions, learning problems, ADHD, anger management, depression & psychiatric cocaine abuse, and heroin detox. Services available for children and adults. Prescribes medication for treatment. Provides services for mental health.

***Credentials:***

Licensed Medical Doctor (MD) Psychiatrist

***Fees:***

Cash only

**SOUTH TEXAS BEHAVIORAL HEALTH CENTER**

2102 W. Trenton, Edinburg, Texas 78539

Phone: 1.888.977.1400  
1.956.388.1300

Website:

[www.southtexasbehavioralhealthcenter.com](http://www.southtexasbehavioralhealthcenter.com)

***Hours:***

Open 24 hours a day, 365 days a year

***Services Provided:***

South Texas Behavioral Health Center offers exceptional behavioral health care programs and treatment services for children, adolescents, adults and older adults in both inpatient and outpatient settings.

Our treatment approach is multidisciplinary and individualized, and a team of professionals, led by highly qualified, experienced psychiatrists, treats each person at South Texas Behavioral Health Center.

***Admissions Process:***

Admissions Process: South Texas Behavioral Health Center has an Assessment & Referral team available 24/7 to meet the needs of our referral sources. This team is available anytime to answer your questions.

To contact our Assessment & Referral team **please contact the hospital at 1-888-977-1400 and ask for INTAKE.**

**PROGRAMS:**

**Kid's early Discovery Treatment Program**

The Kid's Early Discovery Treatment Program at South Texas Behavioral Health Center treats children ages 3-12 and focuses on early detection and intervention of behavioral health issues. Children learn ways of coping and parents learn to guide them.

*Program Features:*

- Specialized program focus
- Behavior management
- Enhancement of interpersonal communication
- Management of symptoms, such as ADHD, anger, depression, and poor impulse control
- Recreational therapy
- Comprehensive discharge planning

**Teen Discovery Treatment Program**

The Teen Discovery Treatment Program, for adolescents age 13-17, assists in exploring positive options that lead to positive choices for teens.

*Program Features:*

- Dedication program focus
- Managing anger
- Improving coping skills
- Enhancing relationships

- Treating depression, severe mood swings, self-mutilation tendencies, defiant behavior, chemical dependency, thoughts of self-harm or harm to others, and aggression
- Recreational therapy
- Comprehensive discharge planning

### **Better Living Treatment Program**

The Better living Treatment Program provides the reinforcement needed for adults age 18 and older to make sensible choices.

*Program features:*

- Distinct program focus
- Coping with depression
- Managing anger
- Enhancing relationships
- Balancing severe mood swings
- Complying with medication
- Chemical dependency detoxification
- Treating depression, thoughts of self-harm or harm to others and self-mutilation tendencies
- Comprehensive discharge planning

### **CARE PLUS Treatment Program**

The Care Plus Treatment Program focuses on providing senior adults age 55 and older and other individuals a more focused and personalized treatment, including the management of minor medical issues.

*Program features:*

- Skilled program focus
- Increase effective coping of physical and emotional limitations
- Address medical link between medical and emotional conditions
- Provide medication education
- Manage symptoms of confusion, aggression, depression and memory loss
- Comprehensive discharge planning

## **Adult INTENSIVE OUTPATIENT Treatment Program**

Not everyone requiring mental health services needs an inpatient setting. South Texas Behavioral Health Center offers outpatient services to adults 18 and over who have been experiencing ongoing symptoms of depression, anxiety or other emotional problems that significantly impact their ability to carry out their usual day to day activities. Our Intensive Outpatient Program includes Group Therapy Sessions.

Group Topics may include:

- Coping with Depression and Anxiety
- Stress and Anger Management
- Communication Skills
- Socializations Skills
- Relaxation Skills

The program is conducted while the patient continues to work and live at home. Schedule is 9 a.m. – 1 p.m. Monday thru Friday

Lunch provided

Placement is determined through a free assessment, which reveals the individual needs of each client.

To schedule a free assessment, call us at (888) 977-1400 or contact us online.

Website: [www.southtexasbehavioralhealthcenter.com](http://www.southtexasbehavioralhealthcenter.com)

### **Fees:**

We are proud to accept Medicare, Medicaid, CHIP, and most private insurances.

To determine if we are able to accept your specific insurance plan, call us at (888) 977-1400 or go online at [www.southtexasbehavioralhealthcenter.com](http://www.southtexasbehavioralhealthcenter.com)

## **TEXAS A&M INTERNATIONAL UNIVERSITY (TAMIU)**

### **Community Stress Center**

5201 University Blvd., Canseco Hall Room 205A, Laredo, TX 78041

Contact: Ediza Garcia, Psy.D.

Office: 956.326.3120

E-mail: [ediza.garcia@tamiu.edu](mailto:ediza.garcia@tamiu.edu)

### ***Office Hours:***

Mon.-Fri. Hours vary by semester. (By appointment only)

***Services Provided:***

Individual counseling, family conflict, career decisions, marriage/family counseling, anxiety, depression, and traumatic experiences. Services offered in English and Spanish. Accepting individuals ages 4 years and older.

***Credentials:***

Student interns under direct supervision of clinical psychologists and licensed professional counselors

***Fees:***

None

**SUBSTANCE ABUSE SERVICES AGENCIES/ ORGANIZATIONS**

**AAMA: CONCILIO HISPANO LIBRE**

1205 East Hillside Rd Ste. B. Laredo, TX 78041

Contact: Helen Stillman BS, LCDC  
Office: 956.728.0440  
Email: hstillman@aama.org  
Crisis/after hours: 1.800.643.1102

***Office Hours:***

Monday thru Friday: 7:00 a.m.-5:00 p.m.

***Services Provided:***

(Adults with heroin addiction)- Methadone Maintenance and Professional Counseling: Family Counseling, Individual Counseling, Chemical Dependency Counseling, Group Counseling, and Community Presentations.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC)

***Fees:***

DSHS Funding/ 135.00 \* screening financial eligibility fee\*

**A NEW HORIZON ANGER MANAGEMENT & THERAPY**

1100 Matamoros St., Ste. 246, Laredo TX 78040 (inside Wells Fargo)

Contact: Luz Maria Reyes, BS, MSC,

CART  
Office: 956.740.0796  
E-mail: reyesluz86@yahoo.com

**Office Hours:**

Mon.-Fri. 10:00 a.m.-8:00 p.m.

Sat. 10:00 a.m.-5:00 p.m.

**Services Provided:**

Anger management/anger resolution; domestic violence/stop the violence; parenting classes; cognitive life skills/ positive thinking; drug offenders 5-day course (15 hours); BTG (bridging the gap); truancy camps for children and parents (1-Day Camp); anti-theft/shoplifting classes; S.A.S.S.I. evaluations; staying sober & keeping straight; adult-drug class (12-hour course); youth-anti-drug class (20-hour course).

**Credentials:**

BS, MSC, CART

**Fees:**

\$20.00 Individual Sessions

\$10.00 per hour in group

DWII Repeated Drug Offender Course \$300.00 32 Hours (8 Weeks)

Drug Offender Course \$80.00 15 Hours (5 Days)

DWI First Offense Course \$65.00 12 Hours (3 Days)

Anti/Theft Shoplifting Course \$80.00 5 Hours

S.A.S.S.I.III Evaluation \$20.00

Anti-Drug Class Course \$100.00 16 Hours (16 Weeks)

Truancy Camp \$100.00 4 Hours

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

1500 Pappas Street, Laredo, TX 78041

Contact: Crisis Hotline 1.800.643.1102

**Hours:**

24 Hours, 7 days a week

**Services Provided:**

The crisis hotline is an integrated component of the overall crisis program; it operates continuously and is accessible toll-free throughout the local service area.

The hotline serves as the first point of contact for mental health crisis in the community, providing confidential telephone triage to determine the immediate level of need and to mobilize emergency services for caller if necessary.

***Credentials:***

Trained and competent Qualified Mental Health Professionals (QMHP-CS) through AVAIL Solutions, which is accredited by the American Association of Suicidology.

***Fees:***

None

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**MCOT (Mobile Crisis Outreach Team)**

1500 Pappas Street, Laredo TX 78041

Contact: Jacqueline Villanueva,  
Asst. Program Administrator  
Office: 956.794.3105  
Email: [JacquelineG@borderregion.org](mailto:JacquelineG@borderregion.org)  
Website: [www.borderregion.org](http://www.borderregion.org)

***Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

**MCOT (Mobile Crisis Outreach Team)** – MCOT is a group of trained mental health professionals that provide daytime outreach services to individuals who are experiencing a mental health crisis. These services are provided in a variety of community and clinical settings to ensure prompt attention to the situation. MCOT provides coordination of services that will lead to effective stabilization and treatment in the least restrictive environment. MCOT also provides a 24 – hour follow – up service to provide monitoring for individuals who have received crisis services and have returned to their home environment.

**Crisis Respite Services** – These voluntary services are for individuals who may require a more structured environment to assist with stabilization.

**Crisis Services (walk-in)** – Any individual who arrives at the agency will be provided with an assessment to determine what services are appropriate for the individual, which can include crisis services.

***Credentials:***

Qualified Mental Health Professionals

***Fees:***

None

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Service Access - Screening, Intake and Assessment, and Referrals**

1500 Pappas Street, Laredo TX 78041

Contact: Bridget M. Vasquez  
Asst. Program Administrator  
Office: 956.794.3225  
Fax: 956.794.3105  
E-mail: [bridgetv@borderregion.org](mailto:bridgetv@borderregion.org)  
Website: [www.borderregion.org](http://www.borderregion.org)

***Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

The Adult Behavioral Health Services Unit provides an array of services to adults 18 years of age or older who suffer from schizophrenia, bipolar disorders, severe major depression or any other severely disabling mental disorders which require support and treatment.

Screening – An activity performed by a Qualified Mental Health Professional to gather triage information through a face-to-face or telephone interview to determine the need for an in-depth assessment.

Intake and Assessment – A mental health evaluation is conducted for all adult individuals who were screened and who are seeking mental health services. Clinicians will complete the Uniform Assessment to determine if the individual is eligible for a Level of Care.

Referrals- Based upon the assessment, the array of referrals may be made to outside agencies.

***Credentials:***

Bachelor and Master level employees

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Service Access- Diagnostic Eligibility Determination**

1500 Pappas Street, Laredo TX 78041

Contact: Bridget M. Vasquez  
Asst. Program Administrator  
Office: 956.794.3225  
Fax: 956.794.3105  
E-mail: [bridgetv@borderregion.org](mailto:bridgetv@borderregion.org)  
Website: [www.borderregion.org](http://www.borderregion.org)

***Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

The Adult Behavioral Health Services Unit provides an array of services to adults 18 years of age or older who suffer from schizophrenia, bipolar disorders, severe major depression or any other severely disabling mental disorders which require support and treatment. Undergoing a diagnostic interview, upon intake, determines eligibility.

***Credentials:***

Master and PhD. Level employees

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Service Access – Continuity of Care Services**

1500 Pappas Street, Laredo, TX 78041

Contact: Mariana McLaughlin,  
QMHP-CS, Continuity of Care  
Office: 956.794.3318  
Fax: 956.794.3176  
E-mail: mariananr@borderregion.org  
Website: www.borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

Services are provided to individuals who are entering or exiting state psychiatric hospital care and assists in the transition back to the community. The primary goal is to monitor the individual's progress during hospitalization and the development of aftercare planning before discharge.

***Credentials:***

Bachelor and Master level employees

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Service Access – Adult Counseling Services CBT and CPT**

1500 Pappas Street, Laredo, Texas 78041

Contact: San Juana Hernandez,  
MACP, LPC-S, BCPC, CART, FAPA  
Office: 956.794.3155  
Fax: 956.794.3105  
E-mail: sanjuanah@borderregion.org  
Website: www.borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

Individual, family and group therapy focused on the reduction or elimination of a client's symptoms of mental illness and increasing the individual's ability to perform activities of daily living. Cognitive-behavioral therapy (CBT) is the selected model for adult counseling services.

***Credentials:***

Master level employees

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Service Access – Jail Diversion Strategies for Adults**

1500 Pappas St., Laredo, TX 78041

Contact: Francisco Adame Jr.,  
QMHP-CS, Jail Diversion  
Office: 956.794.3317  
Fax: 956.794.3105  
E-mail: franciscoa@borderregion.org  
Website:  
<http://extranet.borderregion.org/>

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

There is a process in place at the jail systems in which all individuals booked are screened and assessed by medical staff. Individuals exhibiting signs or symptoms associated with mental illness are referred to Border Region Behavioral Health Center for a more in-depth mental health assessment.

***Credentials:***

Bachelor and Master level employees

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Case Management**

1500 Pappas St., Laredo, TX 78041

Contact: Sara Zamora or  
Adriana Martinez

Office: 956.794.3037 or  
956.794.3267

E-mail: saraz@borderregion.org;  
adrianam@borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

These services are primarily office-based to assist an adult in gaining access to medical, social, educational, vocational, legal, substance abuse services, and other appropriate services that will assist the individual to achieve quality of life and community integration. Services include coordination and monitoring of services, as well as linking to appropriate resources to meet treatment goals, together with referrals and assessment services.

***Credentials:***

Qualified Mental Health Professionals – Community Services (QMHP-CS)

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Skills Training and Development Services**

1500 Pappas St., Laredo, TX 78041

Contact: Sara Zamora

Office: 956.794.3037  
E-mail: saraz@borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

Training in or reinforcement of functional skills and appropriate behaviors related to the consumer’s health and safety. Program provides skills building and monitoring to improve community stability in the least restrictive environment.

***Credentials:***

Qualified Mental Health Professionals –Community Services (QMHP-CS)

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services.

**BORDER REGION BEHAVIOR HEALTH CENTER**

**PATH Project- Project for Assistance in Transition from Homelessness**

1500 Pappas St., Laredo, TX 78041

Contact: Adriana Martinez,  
Program Supervisor  
Office: 956.794.3267  
Fax: 956.794.3176  
E-mail: adrianam@borderregion.org  
Website: borderregion.org

Contact: Juan Guerra,  
PATH Outreach Coordinator  
Office: 956.794.3283  
Fax: 956.794.3176  
E-mail: juang@borderregion.org

Contact: Veronica Hernandez,  
PATH Case Manager  
Office: 956.794.3283

Fax: 956.794.3176  
E-mail: veronicah@borderregion.org

***Eligibility Criteria:***

Homeless, or at risk of becoming homeless

***Services Provided:***

The PATH program is designed to support the delivery of services to persons who are homeless, or at risk of becoming homeless, and have serious mental illnesses or co-occurring substance use disorders. Available services include: obtaining shelter, assistance in obtaining health care, mental health, social services, substance abuse services, income support, legal, access to food, linking to affordable housing, transportation, employment.

***Fees:***

None

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**Assertive Community Treatment Team--ACT**

1500 Pappas St., Laredo, TX 78041

Contact: Marylou Ibarra, Assistant  
Program Administrator  
Office: 956.794.3285  
Fax: 956.794.3105  
E-mail: mariar@borderregion.org  
Website: www.borderregion.org

Contact: Elia Garcia,  
Team Leader  
Office: 956.794.3314  
Fax: 956.794.3105  
E-mail: eliag@borderregion.org  
Website: www.borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

**Services Provided:**

ACT is a specialized program that provides intensive community-based psychosocial rehabilitation services to those consumers who have been identified with severe and persistent mental illness and who have a history of multiple psychiatric hospitalizations. ACT provides services in a team effort and includes supported housing, supported employment, nursing services, and others.

**Credentials:**

Qualified Mental Health Professional, QMHP-CS

**Fees:**

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**Psychosocial Rehabilitation Services**

1500 Pappas St., Laredo, TX 78041

Contact: Marylou Ibarra, Assistant  
Program Administrator  
Office: 956.794.3285  
Fax: 956.794.3105  
E-mail: [mariar@borderregion.org](mailto:mariar@borderregion.org)  
Website: [www.borderregion.org](http://www.borderregion.org)

Contact: Elia Garcia,  
Team Leader  
Office: 956.794.3314  
Fax: 956.794.3105  
E-mail: [eliag@borderregion.org](mailto:eliag@borderregion.org)

**Office Hours:**

Monday – Friday 8:00 am to 5:00 pm

**Services Provided:**

Interventions provided by the therapeutic team who addresses the deficits in the individual’s ability to develop and maintain social relationships, occupational, or educational achievement, independent living skills, and housing as a result of a

severe and persistent mental illness. These services can be provided in the office or in-vivo.

***Credentials:***

Qualified Mental Health Professional, QMHP-CS

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**Supported Housing**

1500 Pappas St., Laredo, TX 78041

Contact: Marylou Ibarra, Assistant  
Program Administrator

Office: 956.794.3285

Fax: 956.794.3105

E-mail: [maria@borderregion.org](mailto:maria@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

Contact: Juan Villa,  
Supported Housing Specialist

Office: 956.794.3609

Fax: 956.794.3105

E-mail: [juanv@borderregion.org](mailto:juanv@borderregion.org)

***Office Hours:***

Monday through Friday 8:00 am to 5:00 pm

***Services Provided:***

Assist individuals with severe and persistent mental illness in choosing, obtaining, and maintaining regular and affordable housing. Services include individualized assistance and coordination of activities which facilitates access to resources and services that support or assist the consumer into habitable, regular, integrated, and affordable housing in the community. Supported Housing also provided limited payee services for consumers with absolutely no support.

***Credentials:***

Qualified Mental Health Professional, QMHP-CS

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**Supported Employment Services**

1500 Pappas St., Laredo, TX 78041

Contact: Marylou Ibarra, Assistant  
Program Administrator

Office: 956.794.3285

Fax: 956.794.3105

E-mail: [mariar@borderregion.org](mailto:mariar@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

Contact: Juan Villa

Supported Employment Specialist

Office: 956.794.3609

Fax: 956.794.3105

E-mail: [juanv@borderregion.org](mailto:juanv@borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

Services designated to result in employment stability and to provide individualized assistance to consumers in choosing and obtaining employment in integrated work sites in regular community jobs. These services assist consumers with assistance in job searching, filling out employment applications, resume building, mock interviews, etc.

***Credentials:***

Certified Peer Coordinator by HHSC

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Medication Training and Supports Services**

1500 Pappas St., Laredo, TX 78041

Contact: Sara Zamora  
Office: 956.794.3037  
E-mail: saraz@borderregion.org

***Office Hours:***

8:00 am to 5:00 pm

***Services Provided:***

Training and education on mental illness, diagnosis, medications, and side effects of prescribed medications to consumers and their families

***Credentials:***

Qualified Mental Health Professionals – Community Services (QMHP-CS)

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**TCOOMMI**

1500 Pappas St., Laredo, TX 78041

Contact: Sara Zamora  
Office: 956.794.3037  
E-mail: saraz@borderregion.org

***Office Hours:***

8:00 am to 5:00 pm

***Services Provided:***

Texas Correctional Office on Offenders with Medical or Mental Impairments. Intensive Case Management and Continuity of Care services provided to stabilize

mental health symptoms, reduce risk of recidivism, increase participation with the community and natural supports, as well as developing skills and self-advocacy. Works closely with Probation and Parole departments

***Credentials:***

Qualified Mental Health Professionals – Community Services (QMHP-CS)

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Patient Assistance Program (PAP)**

1500 Pappas St., Laredo, TX 78041

Contact: Adriana Guevara, PAP  
Coordinator

Office: 956.794.3292

Fax: 956.794.3223

E-mail: [adrianagu@borderregion.org](mailto:adrianagu@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

***Office hours:***

Monday – Friday 8:00am to 5:00pm

***Services provided:***

Provide assistance for medications prescribed at Border Region for non-funded clients

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**Pharmacological Management**

1500 Pappas St., Laredo, TX 78041

Contact: Laura Solis, RN

Office: 956.794.3306  
Fax: 956.794.3274  
E-mail: lauras@borderregion.org  
Website: www.borderregion.org

***Office hours:***

Monday – Friday 8:00am to 5:00pm

***Services provided:***

Follow-up client evaluations are performed by a psychiatrist or nurse practitioner. Medications are prescribed if indicated.

***Credentials:***

Psychiatrists or Nurse Practitioners

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**Psychiatric Evaluations**

1500 Pappas St., Laredo, TX 78041

Contact: Laura Solis, RN  
Office: 956.794.3306  
Fax: 956.794.3274  
E-mail: lauras@borderregion.org  
Website: www.borderregion.org

***Office hours:***

Monday – Friday 8:00am to 5:00pm

***Services provided:***

Clients entering services and court ordered receive a psychiatric evaluation to determine medication treatment or psychiatric hospitalization

***Credentials:***

Psychiatrists or Nurse Practitioners

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

## **BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

### **Veterans Services –Military Veterans Peer Network**

1500 Pappas St., Laredo, TX 78041

Contact: Gerardo Alvarado, Veteran  
Peer Coordinator

Office: 956.794.3089

Cell: 956.740.2053

Fax: 956.794.3105

Email: [gerardoa@borderregion.org](mailto:gerardoa@borderregion.org)  
[gerardoa@borderregion.net](mailto:gerardoa@borderregion.net)

Website: [milvetpeer.net](http://milvetpeer.net)

Contact: Maria Isabel Ramirez,  
Veteran Peer Specialist

Office: 956.794.3053

Cell: 956.645.3223

Fax: 956.794.3105

E-mail: [mariaram@borderregion.org](mailto:mariaram@borderregion.org)

Website: [milvetpeer.net](http://milvetpeer.net)

#### ***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

#### ***Services Provided:***

Veteran Peer Coordinator works collaboratively with community partners, individuals and organizations which have a demonstrated interest in serving and supporting veterans and their families. Peer Coordinators work to coordinate access to services such as, behavioral health, substance abuse screening, assessment and treatment, Jail diversion, and programs that support Texas Military Forces, such as activities associated with the deployment cycle. Veteran Peer Coordinators will provide community resources that coordinate basic needs, such as food, shelter, clothing, employment, mental health, and physical health for veterans. Veteran Peer Coordinators will facilitate the delivery of veteran peer support meetings in the community, and will provides curriculum-based trainings for agencies that employ veterans to better understand the issues that are affecting veterans in our community.

***Credentials:***

Certified Veteran Peer Coordinator by HHSC/DSHS

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will **NOT** exclude an individual from receiving services.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Primary Care Clinic**

1500 Pappas St., Laredo, TX 78041

Contact: Erica L. Lopez  
1115 Waiver Program Specialist  
Office: 956.794.3319  
E-mail: [ericab@borderregion.org](mailto:ericab@borderregion.org)  
Website: [www.borderregion.org](http://www.borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

Primary Care Clinic offers quality primary care medical services for clients of Border Region Behavioral Health Services include physical exams, well woman exams, health screenings, preventive care, acute conditions and treatment of chronic conditions such as obesity, diabetes and hypertension. Primary Care Clinic also conducts EKG tests, Strep Throat Exams, Flu Exams, A1C exams, sonograms, nebulizer treatment and wound care. Primary Care Clinic also provides referrals to Tobacco Cessation, with Licensed Chemical Dependency Counselors, Healthy Living classes and the nutritionist.

***Credentials:***

Certified Medical Assistants and Family Nurse Practitioner, under the supervision of Dr. Arturo Garza-Gongora

***Fees:***

None (Only for Border Region Consumers)

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Tobacco Cessation (Webb, Jim Hogg, Zapata, and Starr County)**

1500 Pappas St., Laredo, TX 78041

Contact: Daniela Ortegon  
Office: 956.794.3922  
Fax: 956.794.3381  
E-mail: danielao@borderregion.org  
Website: www.borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

The Tobacco Cessation Program includes individual and group sessions for adults. It offers FREE Nicotine Replacement Therapy (NRT), which provides patches and gum. Program also includes tobacco education and applies evidence-based interventions targeted at the cessation of tobacco use. At every session the participant CO levels are measured. Utilizing a carbon monoxide monitor it instantly and non-invasively measures the amount of CO on a smoker's breath and for the Tobacco Cessation Specialist it is a way to biochemically establish smoking status. For the smokers themselves the monitoring device and scale is a motivational visual aid.

The Tobacco Cessation program at BRBHC can help individuals learn how to quit any kind of tobacco use.

***Credentials:***

Certified Tobacco Cessation Specialist; under the supervision of the Director of Substance Use Services

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services. (Only for Border Region Consumers)

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Alcohol, Tobacco, and Other Drugs (ATOD) Education** (Webb, Jim Hogg, Zapata, and Starr County)

1500 Pappas St., Laredo, TX 78041

Contact: Norma Monsivais, BSCJ,  
LCDC  
Office: 956.794.3406

Fax: 956.794.3381  
E-mail: normam@borderregion.org  
Website: www.borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

The Alcohol, Tobacco, and Other Drugs Education Program is offered to all adult BRBHC consumers in an individual and/or group session. Program utilizes a Motivational, Educational and Experiential (MEE) Journal known as Substance Using Behaviors. Program provides basic information about substance-related disorders and helps them to gain a clear understanding of the effects that alcohol and other drugs have on their bodies, minds and lives.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns; under the supervision of the Director of Substance Use Services

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services. (Only for Border Region Consumers)

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Substance Use Intervention Program** (Webb, Jim Hogg, Zapata, and Starr County)  
1500 Pappas St., Laredo, TX 78041

Contact: Norma Monsivais, BSCJ, LCDC  
Office: 956.794.3406  
Fax: 956.794.3381  
E-mail: normam@borderregion.org  
Website: www.borderregion.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

The Substance Use Intervention Program provides assistance with substance use treatment placement: detoxification, residential, and/or outpatient treatment services to the adult consumers of BRBHC. Services include but are not limited to

Screening, Assessment, Education on communicable diseases, Case Management, Crisis Intervention, Consultation, and Continuum of Care Planning. Participants attend individual and group sessions.

Program utilizes a Motivational, Educational and Experiential (MEE) Journal known as Getting Started, which helps participants engage in interim services while awaiting placement in an outpatient or inpatient setting. This program offers them an opportunity to explore the reasons they are entering a program for addictive behaviors and prepares them for the recovery work that lies ahead.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns; under the supervision of the Director of Substance Use Services

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services. (Only for Border Region Consumers)

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Outpatient Treatment Services for Co-Occurring Disorders (Webb)**

1500 Pappas St., Laredo, TX 78041

Contact: Selina Villarreal, MA, LCDC,  
LPC-Intern

Office: 956.794.3123

Fax: 956.794.3381

E-mail: [selinav@borderregion.org](mailto:selinav@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

The Outpatient Treatment for Co-Occurring Disorders provides individual or group counseling to adult individuals with a substance use and mental health disorder to support and empower consumers to define and achieve their individual goals.

Services are gender specific, trauma-informed, and evidence based.

Individual counseling emphasizes on reducing or preventing the continuation of substance use, monitoring of MH services, skill building, adherence to a recovery

plan, and work toward positive social, family, and professional/educational outcomes. Group counseling is used in addition to individual counseling to allow consumers to develop a peer network. Participants, counselors, and their support system work very closely with adjunct services provided by the adult behavioral health unit at Border Region Behavioral Health.

Counselors provide a variety of services to people in treatment for their co-occurring disorders including screening, assessment, case management, integrated treatment planning, discharge planning, crisis intervention, continuum of care planning, and counseling.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC), Licensed Professional Counselors, and Counselor Interns; under the supervision of the Director of Substance Use Services

***Fees:***

All fees for services are charged according to a sliding scale based upon the family income and size. Inability to pay will NOT exclude an individual from receiving services. (Only for Border Region Consumers)

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**DWI Offender Education Program** (Webb, Jim Hogg, Zapata, and Starr County)  
1500 Pappas St., Laredo, TX 78041

Contact: Graciela Vela, LCDC, NCAC  
I, QSAP, Director of  
Substance Use Services

Office: 956.794.3404

Cell: 956.857.4066

Fax: 956.794.3381

E-mail: [gracielav@borderregion.org](mailto:gracielav@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 10:00 pm

***Services Provided:***

Texas State approved DWI Offender Education Program regulated by the Texas Department of Licensing and Regulatory. Course is 3 classes, taught in 4 hour increments (12 hours).

The DWI Education program is designed to:

- A. present information on the effects of alcohol and other drugs on driving skills;
- B. help participants identify their own individual drinking or drugged driving patterns; and
- C. assist participants in developing a plan to reduce the probability that they will be involved in future DWI behavior.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Certified DWI Instructor.

***Fees:***

\$65 (Available to the Public, Adults)

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Drug Offender Education Program** (Webb, Jim Hogg, Zapata, and Starr County)  
1500 Pappas St., Laredo, TX 78041

Contact: Graciela Vela, LCDC, NCAC  
I, QSAP, Director of  
Substance Use Services

Office: 956.794.3404

Cell: 956.857.4066

Fax: 956.794.3381

E-mail: [gracielav@borderregion.org](mailto:gracielav@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 10:00 pm

***Services Provided:***

Texas State approved Drug Offender Education Program regulated by the Texas Department of Licensing and Regulatory. Course is 5 classes, taught in 3 hour increments (15 hours).

The Drug Education program is designed to:

- A. educate participants on the dangers of drug use/abuse and associated illegal activities;
- B. provide information on the effects of drug use/abuse and related illegal activities on personal, family, social, economic and community life;
- C. assist participants in evaluating their own abusive patterns connected with their use of drugs or associated illegal activities;
- D. and assist participants in developing a plan for positive lifestyle changes to reduce chances of being involved in future drug use/abuse and related illegal behaviors.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Certified DOEP Instructor.

***Fees:***

\$85 (Available to the Public, Adults)

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**BRBHC Cognitive Lifeskills Program** (Webb, Duval, Jim Wells, Nueces, Kleberg, Zapata, Jim Hogg, Brooks, Kenedy, Starr, Hidalgo, Willacy, and Cameron)

1500 Pappas St., Laredo, TX 78041

Contact: Graciela Vela, LCDC, NCAC I,  
QSAP, Director of  
Substance Use Services

Office: 956.794.3404

Cell: 956.857.4066

Fax: 956.794.3381

E-mail: [gracielav@borderregion.org](mailto:gracielav@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 10:00 pm

***Services Provided:***

The Cognitive Lifeskills Program offers evidence-based, cognitive restructuring life skills courses. Program provides a self-directed e-learning experience. There are 17 adult courses, 8 youth courses (6<sup>th</sup> grade plus), and 8 prevention/intervention courses.

Adult Courses: \*Anger Management, \*Cognitive Awareness, \*Domestic Violence, Driver Responsibility, Employment, Marijuana Awareness, Minor in Possession (Not State Approved), \*Offender Corrections, \*Offender Responsibility, \*Substance Abuse, Theft/Shoplifting, Bad Check, Continuous Relationships, DUI (Not State Approved), Parenting, Pornography Addiction (Not to be substitute for appropriate therapy), and Sex Offender (Not be substituted for appropriate therapy).

\*Courses available in Spanish.

Youth Courses: Anger Avoidance, Marijuana Awareness, Self-Awareness, Youth Driver Responsibility, Youth Minor in Possession (Not State Approved), Youth/Parent, Youth Substance Abuse, and Youth Theft/Shoplifting. Youth must have a coach (positive role model), while completing course.

Youth Prevention/Intervention Courses: Captivity- Substance Abuse Prevention, Positive Thinking Lifeskills, Truancy Prevention, Boundaries- Dating Violence Prevention, Infinity- Media Awareness, Bullying Prevention, Marijuana Prevention, and Tobacco Awareness. Youth must have a coach (positive role model), while completing course.

Courses are available through our self-directed e-learning site or by mail-workbook. Register at <https://brbhc.registerlifeskills.com/>.

***Credentials:***

Under the supervision of Director of Substance Use Services

***Fees:***

\$80 (Available to the Public- adults and youth); Payment Plan Offered

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Intellectual and Developmental Disabilities Programs**

1500 Pappas St., Laredo, TX 78041

Contact: Magda N. Pedraza, IDD  
Director

Office: 956.794.3131

Fax: 956.794.3058

Email: [magdan@borderregion.org](mailto:magdan@borderregion.org)

***Office Hours:***

Monday- Friday 8:00am to 5:00 pm

***Priority Population:***

Intellectual and Developmental Disability, Pervasive Developmental Disorder Autism Spectrum Disorder, Nursing Facility Resident eligible for IDD services, Individual eligible for Early Intervention Program (ECI) and/or Related Conditions.

**Local Intellectual and Developmental Disability Program**

BRBHC is the Local Authority for Intellectual and Developmental Disability (LIDDA) designated to offers an array of services specifically designed to meet the needs of individuals in the Priority Population:

**Service Coordination** to all individuals receiving services from the following programs in the Local Service Area (Webb, Zapata, Jim Hogg and Starr):

- DADS General Revenue Services
- Home and Community-Based Program
- Texas Home Living Program
- PASRR for individual in Nursing Facilities
- Community First Choice for Individuals over 21
- Community First Choice for Individuals under 21
- Enhancement Coordination
- Preadmission Screening and Resident Review ( PASRR)
- Crisis Intervention
- Crisis Respite

**Continuity of Services for**

- State Supported Living Center
- State Mental Health Facilities
- Transition services for Intermediate Care Facilities for Intellectual and
- Developmental Disability (ICF/IDD)

**Enrollments** based on HHSC rules to each authorized individual into the following waiver or entitlement programs:

- Community First Choice for individuals under 21
- Community First Choice for Individuals over 21
- Home Community-Based Program
- Texas Home Living Program
- Intermediate Care Facilities for Intellectual and Developmental Disabilities (ICF-IDD)
- State Supported Living Centers (SSLC)

## **Services Provided**

### **General Revenue:**

- Community Support
- Day Habilitation Program
- Respite Services
- Supported Employment
- Employment Assistance
- Vocational Program
- Nursing
- Behavioral Support

### **Texas Home Living Waiver Services:**

- Community First Choice
  - Escort Service
  - Support Management
  - Emergency Response
  - Services Personal Assistance Services/Habilitation Services
- Day Habilitation
- Respite
- Supported Employment Assistance
- Nursing Services
- Adaptive Aids
- Minor Home Modifications
- Behavioral Support Services
- Therapies:
  - Physical therapy
  - Occupational therapy
  - Speech and language pathology
  - Audiology
  - Social work

### **Home Community Based Waiver Services (HCS)**

- Day Habilitation
- Respite

- Supported Employment Assistance
- Nursing Services
- Behavioral Support Services
- Residential Services
  - Community First Choice
    - Escort Service
    - Support Management
    - Emergency Response Services
    - Personal Assistance Services/Habilitation Services
    - Residential Services
    - Assisted Living
    - Host Companion
- Adaptive Aids
- Minor Home Modifications
- Therapies\_including:
  - Physical therapy
  - Occupational therapy
  - Speech and language pathology
  - Audiology
  - Social work

***Fees:***

Medicaid, Medicare, Private Insurance, and Monthly Ability-to-pay fee scale.

**BORDER REGION BEHAVIORAL HEALTH CENTER (BRBHC)**

**Children, Adolescent, & Parent Services (CAPS)**

**Crisis Hotline Services**

1500 Pappas St., Laredo TX 78041

**Contact:** Crisis Hotline 1.800.643.1102

***Office Hours:***

24 hours per day

***Services Provided:***

The crisis hotline is an integrated component of the overall crisis program; it operates continuously and is accessible toll-free throughout the local service area. The hotline serves as the first point of contact for mental health crisis in the

community, providing confidential telephone triage to determine the immediate level of need and to mobilize emergency services for caller if necessary.

***Credentials:***

Trained and competent Qualified Mental Health Professionals (QMHP-CS) through AVAIL Solutions, which is accredited by the American Association of Suicidality.

***Fees:***

None

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Children, Adolescent, & Parent Services (CAPS)**

**Counties Served: Webb, Zapata, Jim Hogg, and Starr Counties**

Contact: Jacqueline Lopez, QMHP-  
CS, BS, MS  
Program Administrator  
Office: 956.794.3157  
Fax: 956.726.4843  
Crisis Hotline: 1.800.643.1102  
(24 hours)  
Email: [jackiel@borderregion.org](mailto:jackiel@borderregion.org)  
Website: [www.borderregion.org](http://www.borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

The CAPS Program serves Children/Youth between the ages of 3 through 17 years of age who have a diagnosis of mental illness. Array of CAPS services include:

- Screenings
- Service Access – Intakes
- Pharmacological Management (Doctor Services)
- Provision of Medications
- Medication training & Supports
- Case Management (Routine or Intensive)
- Rehab Skills Training
- Family Partner Supports
- Parent Support Group

- Crisis Intervention Services
- Mobile Crisis Outreach Team (MCOT)
- Jail Diversion

The program conducts Office, Community, School, and In-Home Based Intervention services.

***Credentials:***

All direct care staff are Qualified Mental Health Professionals. Credential staff also includes, LPHA’s, LPC’s, Psychiatrist, LVN’s, RN’s, Certified Family Partners, Certified Wraparound Facilitators

***Fees:***

Medicaid, Private Insurance, and Monthly Ability-to-pay fee scale.

**BORDER REGION BEHAVIORAL HEALTH CENTER**

**Youth Empowerment Services (YES Waiver)**

1500 Pappas St., Laredo TX 78041

Contact: Jacqueline Lopez, QMHP,  
BA, MS  
Program Administrator  
Office: 956.794.3340  
Fax: 956.726.4843

Crisis Hotline: 1.800.643.1102  
(24 hours)

Inquiry Line: 1.844.503.6182  
(24 hours)

E-mail: [jackiel@borderregion.org](mailto:jackiel@borderregion.org)

Website: [www.borderregion.org](http://www.borderregion.org)

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

The Youth Empowerment Services (YES) Waiver is a 1915© Medicaid Home and Community-Based Services Waiver that allows for more flexibility in the funding of intensive community-based services to assist children and adolescents with severe

emotional disturbances to live in the community with their families. Waiver services are delivered through utilizing a strength based process called Wraparound.

**Demographic Criteria:**

- Be between 3-18 years of age;
- Reside in Webb, Jim Hogg, Zapata, and Starr counties
- Reside in a non-institutional setting with the child's or adolescent's Legally Authorized Representative; or in the child's or adolescent's own home or apartment, if legally emancipated.

**Clinical Criteria:**

Have a serious functional impairment or acute psychiatric symptoms as indicated by: Risk of Harm, Disruptive or Aggressive Behavior, Family Resources, School Behavior, and Current Diagnosis.

***Services Provided:***

- Adaptive Aids & Supports
- Community Living Supports
- Minor Home Modifications
- Non-Medical Transportation
- Paraprofessional Services
- Professional Specialized Services (Pet Therapy, Nutritional Counseling, Recreational Therapy)
- Respite
- Supportive Family Based Alternatives
- Transitional Services
- Family Supports
- Pharmacological Management (Doctor Services)
- Provision of Medications
- Medication training & Supports
- Intensive Case Management using a Wraparound Approach
- Crisis Intervention Services
- Mobile Crisis Outreach Team (MCOT)
- Jail Diversion

The program conducts Office, Community, School, and In-Home Based Intervention services.

***Credentials:***

All direct care staff are Certified Wraparound Facilitators, Certified Wraparound Supervisors, and Qualified Mental Health Professionals; other credentialed staff for specialized services includes LPHA's, LPC's, Psychiatrist, LVN's, RN's and Certified Therapeutic Recreation Specialist (CTRS), Dietician

***Fees:***

Medicaid, Private Insurance, and Monthly Ability-to-pay fee scale.

**TROPICAL TEXAS BEHAVIORAL HEALTH**

**Outreach, Screening, Assessment, and Referral Services**

1500 Pappas St., Laredo, TX 78041

(Located at Border Region Behavioral Health Center)

Contact: Rodolfo Paez, Ma,  
LCDC, MAC

Office: 956.794.3019

E-mail: ropaez@ttbh.org

Website: www.ttbh.org

***Office Hours:***

Monday – Friday 8:00 am to 5:00 pm

***Services Provided:***

Offers Outreach, Screening, Assessment and Referral services for adolescents and adults whom may be struggling with substance use. Services are funded by DSHS and individuals are linked directly to DSHS funded services regardless if they are legal residents or not. In addition, individuals are also offered motivational interviewing sessions in the process of being placed into treatment.

***Credentials:***

MA, Licensed Chemical Dependency Counselor, MAC

***Fees:*** None

**CUSTOMS and BORDER PROTECTION**

**U.S. BORDER PATROL LAREDO SECTOR**

207 W. Del Mar Blvd., Laredo, TX 78041

Contact: Sara Melendez, CBP, PAO  
Office: 956.764.3349  
E-mail: sara.melendez@dhs.gov  
Contact: LRT Border Community  
Liaison  
Mobile App: USBPLaredoSector

***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

***Services Provided:***

Presentations on alcohol, drugs and tobacco for the community and schools.  
Please call 1.800.343.1994 to report any suspicious activity in the community.

***Credentials:***

U.S. Customs and Border Protection Agents

***Fees:***

None

**GREGORY'S DRIVING SCHOOL, INC.**

4217 Marcella Ave., Laredo, TX 78041

Contact: Mary Gregory Fox  
Office: 956.722.6151  
Email: gregorysdriving@gmail.com

***Office Hours:***

Mon.-Fri. 8:00 a.m.-8:00 p.m.

Sat. 8:00 a.m.-3:00 p.m.

***Services Provided:***

Drug & alcohol awareness program (DAP), TABC: alcohol seller/server course, TABC: tobacco seller course, teen & adult driver education, motorcycle safety course (gear provided), and driver's test for teens only. Stat Testing.

***Credentials:***

Program approved by the Texas Education Agency

***Fees:***

\$85: Drug & Alcohol Awareness Program (DAP)

\$25: Alcohol Seller/Server Course

\$10 Tobacco Seller Course

\$235: Motorcycle Safety Course (3 day course)

**LAREDO POLICE DEPARTMENT**

1102 Bob Bullock Loop, Laredo, TX 78043

Contact: Sgt. Robert Medina  
Cell: 956.763.2486

***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

***Services Provided:***

Community Relations Unit Officers (C.R.U.) give presentations dealing with alcohol and drugs to elementary, middle and high schools. LPD McGruff the Crime Dog visits school and community events to promote drug awareness and prevention.

***Credentials:***

Laredo Police Department Offices

***Fees:***

None

**LAREDOANS AGAINST DRUNK DRIVING (LADD)**

Operate from Home

Contact: Elizabeth Alonzo-Villarreal  
Office: 956.740.3233  
E-mail: [contactladd@gmail.com](mailto:contactladd@gmail.com)  
Website:  
[www.supportladd.weekly.com](http://www.supportladd.weekly.com)

***Office Hours:***

N/A

***Services Provided:***

Free "How Tomorrow Never Came," which is a true story of the dangers of drinking and driving. Presentations are done at schools, courtrooms, safety awareness fairs, and any other place where presentations are needed. This presentation is geared to place a seed of hope in making good choices if alcohol is involved.

***Credentials:***

None

***Fees:***

None

**LifeSAFER (IGNITION INTERLOCK AND HOME DEVICE SERVICES)**

620 Corpus Christi St. Ste. 2, Laredo, TX 78040

Call Center: 1.800.993.4990  
Office: 956.568.5464  
Cell: 956.286.0997  
E-mail: rbpounselingservices@yahoo.com

***Office Hours:***

By appointment/Walk-ins Accepted

***Services Provided:***

Installation of a LifeSafer Mobile Monitor Units and Home Devices

***Credentials:***

Certified Service Providers; Certified Technicians

***Fees:***

\$59.01 (plus-tax) Monthly Service for Ignition Interlock or Home Device  
\$0 Installation

**PILLAR**

1403 North Seymour Ave., Laredo, TX 78040

Contact: Manuel Sanchez  
Office: 956.723.7457  
E-mail: info@pillarstrong.org

***Office Hours:***

Mon.-Fri. 9:00 a.m.-6:00 p.m.

Sat. 10:00 a.m.-2:00 p.m.

***Services Provided:***

Individual and group counseling sessions; 24-hour crisis helpline; workshops/ presentations at schools to create awareness and help reduce the incidence and

negative emotional impact of bullying, suicide and stigma/discrimination as well as other underlying factors typically associated with these issues like illegal drug use/abuse, domestic violence, etc.; resource center where youth and families can have access to a large volume of books and videos on the topics addressed at our organization; HIV and Syphilis testing.

***Credentials:***

LCDC, LPC, CI

***Fees:***

\$35 Registration (covers 7 sessions)

**SERVING CHILDREN AND ADULTS IN NEED (SCAN)**

**SCAN'S Substance Abuse Treatment Services:**

**Youth Recovery Home Residential Treatment for Male Youth**

402 Riverhill Loop, Laredo, TX 78046

Contact: Celica Mireles, LCDC

Office: 956.723.0200

Cell: 956.290.4503

Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

***Services Provided:***

Comprehensive residential substance use disorder and trauma treatment services for adolescent males including individual, group, family, and action-orientated counseling; academic training; drug and alcohol education; coping skills training; HIV/AIDS education; and relapse prevention education.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

***Fees:***

No fees if medically indigent; Medicaid accepted

**Esperanza Recovery Home Residential Treatment for Female Youth**

1901 La Pita Mangana Rd., Laredo, TX 78046

Contact: Clara Vazquez, LCDC  
Office: 956.712.3709  
Website: [www.scan-inc.org](http://www.scan-inc.org)

**Office Hours:**

Mon.-Fri. 8:00 a.m.-5:00 p.m.

**Services Provided:**

Comprehensive residential substance use disorder and trauma treatment services for adolescent females including individual, group, family, and action-oriented counseling; academic training; drug and alcohol education; coping skills training; HIV/AIDS education; relapse prevention education.

**Credentials:**

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

**Fees:**

No fees if medically indigent; Medicaid accepted

**STAND Outpatient Program for Male and Female Youth**

1605 Saldana Ave., Laredo, TX 78041

Contact: Enrique Manrique, MA,  
LCDC, LPC  
Office: 956.724.3177  
Website: [www.scan-inc.org](http://www.scan-inc.org)

**Office Hours:**

Mon.-Fri. 8:30 am p.m.- 5:30 p.m.

**Services Provided:**

Outpatient substance use disorder treatment services for male and female youth ages of 13 to 17 in Webb, Zapata, Starr, Cameron and Hidalgo counties. Provides individual, group and family counseling, drug and alcohol education, HIV/AIDS education, experiential exercises, relapse prevention education and linkage to Peer Recovery Services.

**Credentials:**

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

**Fees:**

No fees if medically indigent; Medicaid accepted

## **Serenidad Recovery Home: Residential Treatment for Adult Females**

### **Residential Treatment Facility**

1605 Saldana Ave., Laredo, TX 78041

Contact: Joyce Roque  
Program Director  
Office: 956.791.7800  
Website: [www.scan-inc.org](http://www.scan-inc.org)

#### ***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

#### ***Services Provided:***

Provides residential treatment services to medically indigent adult women with substance abuse and dependence problems. Services include individual, group, and family counseling; alcohol and drug education; HIV prevention education; case management; play therapy; and family activities.

#### ***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

#### ***Fees:***

No fees if medically indigent; Medicaid accepted

## **Serenidad Recovery Home: Residential Treatment for Adult Males**

### **Residential Treatment Facility**

1605 Saldana Ave., Laredo, TX 78041

Contact: Enrique Manrique, LPC,  
LCDC, Program Director  
Office: 956.728.9132  
Website: [www.scan-inc.org](http://www.scan-inc.org)

#### ***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

#### ***Services Provided:***

Provides residential treatment service to medically indigent adult men with substance abuse and dependence problems. Services include individual, group and family counseling; alcohol and drug education; HIV prevention education; case management; and referral services.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

***Fees:***

No fees if medically indigent; Medicaid accepted

**Adult Outpatient Treatment Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Enrique Manrique, LPC, LCDC  
Program Director

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Outpatient substance use disorder treatment services for male and female adults 18 years or older available in Webb and Starr counties. The program provides individual, group and family counseling as well as links to community-based support groups. For those participants who have other mental health needs, case management services are available to link these men and women to mental health treatment.

***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

***Fees:***

No fees if medically indigent; Medicaid accepted

**Mujeres Sanas/Specialized Female Outpatient Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Gabriela Perez, LPC, LCDC  
Program Director

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

**Office Hours:**

Mon.-Fri. 8:30 a.m.-5:30 p.m.

**Services Provided:**

Provides trauma-informed and gender-specific substance use disorder outpatient treatment services for adult women. The program addresses the impact of trauma that women usually experience, especially sexual and domestic violence. Services also focus on parenting, relationships and reproductive health as well as reducing the risk of contracting HIV, Hepatitis and other diseases.

**Credentials:**

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

**Fees:**

No fees if medically indigent; Medicaid accepted

**C.O.P.S.D. Program**

**(Co-occurring Psychiatric and Substance Use Disorders)**

1605 Saldana Ave., Laredo, TX 78041

Contact: Brenda Rodriguez, LCDC  
Program Director  
Office: 956.724.3177  
Website: [www.scan-inc.org](http://www.scan-inc.org)

**Office Hours:**

Mon.-Fri. 8:30 a.m.-5:30 p.m.

**Services Provided:**

Provides adjunct services to clients with co-occurring psychiatric and substance use disorders (COPSD). A strong case management component is utilized on an outpatient basis with clients as they concurrently receive services in mental health and substance abuse treatment.

**Credentials:**

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

**Fees:**

None

## **SCAN's Substance Abuse Prevention Services:**

### **Alcohol Education Program for Minors (Minor in Possession)**

1605 Saldana Ave., Laredo, TX 78041

Contact: Elena De La Cruz  
Office: 956.724.3177  
Website: [www.scan-inc.org](http://www.scan-inc.org)

#### ***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

#### ***Services Provided:***

Six hours of Texas Department of State Health Services-Offender Education approved education for minors that are convicted of purchasing, possessing, or consuming alcoholic beverages. All minors referred to the program must attend a registration session with an MIP Instructor prior to attending classes.

#### ***Credentials:***

State approved instructors

#### ***Fees:***

\$35

### **Futuros Con Promesa (Futures with Promise) Drug Prevention Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Dora Ramirez, LCDC, CPS  
Office: 956.724.3177  
Website: [www.scan-inc.org](http://www.scan-inc.org)

#### ***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

#### ***Services Provided:***

The Futuros Con Promesa Program uses a variety of evidence-based prevention activities to prevent or reduce substance abuse and the transmission of HIV and viral hepatitis infection among Hispanic youth (13-17 years of age) and young adults (18-24 years of age) residing in Webb Co. Services include curriculum-based

drug prevention education, rapid HIV and hepatitis C testing and counseling, drug prevention counseling, and case management.

***Credentials:***

Specially trained staff under the direction of an LCDC

***Fees:***

None

**Futuros Positivos (Positive Futures) Drug Prevention Program**

1605 Saldana Ave., Laredo TX 78041

Contact: Grizelda Carillo, LCDC, CPS

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Offers constructive methods designed to interrupt the onset or progression of substance abuse in the early stages. The program uses the Positive Action Curriculum and Indicated Counseling, referral and follow-up which is an effective, problem-focused, and practical approach to the elimination of substance abuse risk factors for adolescents 11 to 17 years old and their families.

***Credentials:***

Specially trained staff under the direction of an LCDC

***Fees:***

None

**Futuros Saludables (Healthy Futures) Drug Prevention Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Dora Maria Ramirez, LCDC, CPS

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours:***

Mon-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Provides comprehensive drug prevention services for children in grades 1<sup>st</sup> -12<sup>th</sup> identified as being in at-risk situations for involvement in alcohol, tobacco, and other drug use.

***Credentials:***

Specially trained staff members under the direction of an LCDC

***Fees:***

None

**South Texas Prevention Navigation Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Dora Ramirez, LCDC, CPS

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

The South Texas Prevention Navigation Program uses a variety of evidence based prevention activities to prevent or reduce substance abuse and the transmission of HIV and viral hepatitis infection among at-risk and high-risk Hispanic youth (13-17 years of age and young adults (18-24 years of age) – especially males- residing in Webb, Zapata, and Starr Co. Services include curriculum-based drug prevention education, rapid HIV and hepatitis C testing and counseling, drug prevention counseling, and case management.

***Credentials:***

Specially trained staff under the direction of an LCDC

***Fees:***

None

**SCAN’s Substance Abuse Intervention Services:**

**Parenting Awareness & Drug Risk Education (PADRE) Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Jessica Paez, LCDC  
Program Director  
Office: 956.724.3177  
Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Provides community-based intervention services to parenting males and expecting fathers involved with the Department of Family and Protective Services at risk of developing substance use disorders.

***Credentials:***

Specially trained staff under the direction of an LCDC

***Fees:***

None

**Services to At-Risk Youth (STAR) PROGRAM**

1605 Saldana Ave., Laredo, TX 78041

Contact: Michelle Saldana  
Program Director  
Office: 956.724.3177  
Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Provides youth and families with guidance and support through the provision of free counseling, case management, and education services. Eligible participants include youth between the ages of 7 to 17 who are the first-time offenders, runaways, and youth experiencing family conflicts.

***Credentials:***

Specially trained staff

***Fees:***

None

## **Project HOPES**

1605 Saldana Ave., Laredo, TX 78041

Contact: Dr. Susana Rivera, LPC  
Program Director

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

### ***Office Hours***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

### ***Services Provided:***

Project HOPES (Healthy Outcomes through Prevention and Early Support) is an evidence-based prevention program designed to increase protective factors in families, with children 0-5 years of age, who are considered at risk for child abuse and neglect.

### ***Credentials:***

Specially trained staff under the direction of an LPC

### ***Fees:***

None

## **Pregnant & Post-Partum Intervention (PPI) Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Jessica Paez, LCDC

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

### ***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

### ***Services Provided:***

Intervention services to pregnant and post-partum adult and adolescent females between 15-44 years of age experiencing substance abuse related problems in order to reduce drug exposure to unborn, newborn, and young children. Facilitates a healthy lifestyle for participants.

### ***PPI Full Services-Eligibility Criteria***

Females that are pregnant or postpartum (at least 1 child must be 5 years or age or younger) and referred by DFPS.

Females that are pregnant or postpartum (at least 1 child must be 18 months of age or younger) and meet at least 1 high risk indicator.

Cost: Services are provided at no cost to participants that meet requirements

***PPI Parenting Education Only-Eligibility Criteria***

Females that do not meet the criteria for full services

Males (adolescents and adult) needing/requiring parenting education

***Credentials:***

Specially trained staff under the direction of an LCDC

***Fees:***

No cost for PPI Full Services

\$40.00 for PPI Parenting Education Only. Total fee due at registration

**HIV Early Intervention (HEI) Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Brenda Rodriguez, LCDC  
Program Director

Office: 956.725.7211

Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Provides comprehensive service coordination to HIV infected individuals with substance-related problems.

***Credentials:***

Specially trained staff under the direction of an LCDC

***Fees:***

No cost

**SCAN's Trauma and Resilience Programs:**

**Sexual Assault Services & Information Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Sylvia Flores,  
Program Director  
Office: 956.725.2522  
Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Provides 24-hour crisis intervention and emotional support services for victims of sexual assault of all ages. Presentations on sexual assault prevention are provided.

***Credentials:***

Specially trained staff

***Fees:***

No cost

**Arco Iris Transitional Living Program (TLP) for Homeless Youth**

1605 Saldana Ave., Laredo, TX 78041

Contact: Cindy Vazquez,  
Program Director  
Office: 956.568.0269  
Website: [www.scan-inc.org](http://www.scan-inc.org)

***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

***Services Provided:***

Provides males and females between 17–21 years of age that do not have a permanent and safe place to live with the opportunity to develop their abilities to lead healthy, drug-free, and independent lives. Participants receive a stable living environment, food, life skills training including drug prevention education, and numerous support services.

***Credentials:***

Specially trained staff

***Fees:***

No cost

## **Border Traumatic Stress Response Center**

1605 Saldana Ave., Laredo, TX 78041

Contact: Dr. Susana Rivera, LPC  
Program Director

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

### ***Office Hours:***

Mon.-Fri. 8:30 a.m.-5:30 p.m.

### ***Services Provided:***

Provides evidence-based trauma-focused counseling services to youth between the ages of 3 and 17 that have experienced or witnessed a traumatic event.

### ***Credentials:***

Licensed Professional Counselors; Licensed Professional Counselor Interns

### ***Fees:***

No cost

## **SCAN's Recovery Support Services:**

### **Youth Recovery Community Services (YRCS) Program**

1605 Saldana Ave., Laredo, TX 78041

Contact: Jessica Paez, LCDC

Office: 956.724.3177

Website: [www.scan-inc.org](http://www.scan-inc.org)

### ***Office Hours:***

Mon.-Fri. 2:00 p.m.-10:00 p.m.

### ***Services Provided:***

Peer-to-peer recovery support services to individuals between the ages of 13-21 with a history of substance use disorders, including those with co-occurring mental health disorders, who are in or seeking recovery. Youth and young adults that have received treatment services, are currently receiving treatment services, and those that have never received treatment services are encouraged to participate in services. Primary services include case management; problem identification and

referrals; social supports for recovery including emotional, informational, instrumental, and affiliation activities; and community service projects.

***Credentials:***

Individuals in recovery provide all services

***Fees:***

None

**TWELVE (12) STEP PROGRAMS**

**AA GRATITUDE GROUP**

4120 San Bernardo Ave., Ste. 6, Laredo, TX 78041

Contact: 956.722.9001 or

Cell: 956.206.0625

***Hours:***

Mon.-Sat. 12:00 noon; Sunday 10:00 a.m. (Open Meetings)

Mon.-Sat. 6:30 p.m.-7:30 p.m. (Spanish-Closed Meetings)

***Services Provided:***

Open meetings; disabled access.

***Fees:***

None

**AA GRUPO 17 DE FEBRERO**

1502 Laredo St. Ste. 4, Laredo, TX 78041

Contact: Roberto Calderon

Cell: 956.231.6808

***Hours:***

Mon.-Sat. 8:00 p.m.-10:00 p.m.

***Services Provided:***

Group meetings, Open meetings in English and Spanish, disabled access.

***Fees:***

None

## **AA GRUPO DOS LAREDOS**

216 N. Zapata Hwy, Ste. 17, Laredo, TX 78046

Contact: Ricardo Garza  
956.635.7937

### ***Hours:***

Mon.-Sat. 8:00 p.m.-10:00 p.m. (Spanish)

### ***Services Provided:***

Group Meetings

### ***Fees:***

None

## **AA GRUPO NUEVA VIDA**

818 Gonzalez St., Laredo, TX 78040

Contact: 956.568.6263

### ***Hours:***

Mon.-Sun. 8:00 p.m.-10:00 p.m.

Sunday Morning 10:00 a.m.-12:00 p.m.

### ***Services Provided:***

Open group meetings in Spanish; disabled access.

### ***Fees:***

None

## **AA GRUPO NUEVO AMANECER**

816 Garza St., Laredo, TX 78040

Contact: 956.718.4049

### ***Hours:***

Mon.-Sat. 8:00 p.m.-10:00 p.m.

### ***Services Provided:***

Group meetings, open and closed meetings in English & Spanish, disabled access.

### ***Fees:***

None

## **AL-ANON SERENITY GROUP**

4120 San Bernardo Ave., Ste. 4, Laredo, TX 78041

Contact: 956.337.4805

### ***Hours:***

Mon., Wed., Fri. 8:00 p.m.-9:00 p.m. (bilingual)

Tues. & Thurs. 12:00 p.m.-1:00 p.m. (bilingual)

### ***Services Provided:***

Open meetings

### ***Fees:***

None

## **COCAINE ANONYMOUS**

6103 North McPherson Rd, Laredo, TX 78045

Contact: 956.286.5201

956.319.2921

### ***Hours:***

Mon., Tues., Thurs., Fri. & Sat.

7:00 p.m.-8:00 p.m. (Bilingual)

### ***Services Provided:***

Open meetings; disabled access

### ***Fees:***

None

## **LIBERTY GROUP of AL-ANON (MEN ONLY)**

2320 Lane St. (Jarvis Entrance), Laredo, TX 78043

Contact: 956.763.0344

### ***Hours:***

Wed. 5:15 p.m.-6:15 p.m. (Women's only closed meeting)

Thurs. 10:30 a.m.-12:00 p.m. (bilingual)

Sat. 12:00 p.m.-1:00 p.m. (bilingual)

***Services Provided:***

Open meeting with no smoking; disabled access

***Fees:***

None

**OASIS OF LOVE-DRUG & ALCOHOL SUPPORT GROUP**

2103 Reynolds St., Laredo, TX 78040

Contact: Jane Garza

Phone: 956.740.777

***Hours:***

Sun. 9:00 a.m.-10:00 a.m.

Wed. 7:00 p.m.-8:00 p.m.

Mon.-Fri.-by appointment only

***Services Provided:***

Open meetings

***Fees:***

None

**OTHER COUNSELING AND SUPPORT SERVICES**

**WEBB COUNTY COMMUNITY COALITION**

1605 Saldana Ave., Laredo, TX 78041

Contact: Veronica Jimenez  
Program Director

Office: 956.724.3177

***Services Provided:***

Organizes, educates, and implements activities that empower citizens to take action to prevent substance use and abuse among community youth and adults.

**WEBB COUNTY SHERIFF'S OFFICE/COMMUNITY AFFAIRS DIVISION**

Drug Abuse Resistance Education (D.A.R.E.) (Elementary Schools) Gang  
Resistance Education and Training (G.R.E.A.T.) (Middle Schools)

902 Victoria St., Laredo, TX 78040

Contact: Lt. Rudy Valdez  
Office: 956.523.4530  
956.523.4517

***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

***Services Provided:***

Forges partnerships with law enforcement and school districts to educate elementary and middle school children about the harmful effects of drugs and gangs and how to resist them.

***Credentials:***

Webb County Sheriff's Deputies

***Fees:***

None

**FAITH BASED**

**CALVARY CENTER**

102 E. Lyon St., Laredo, TX 78040

Contact: Pastor Juan Garza  
Office: 956.723.1972  
Crisis/after hours: same

***Office Hours:***

Mon.-Fri. Open 24 hours daily

***Services Provided:***

Drug and alcohol counseling

***Fees:***

None

***Ages:***

17yrs +

## **HIGH SCHOOLS & UNIVERSITIES**

### **LAREDO INDEPENDENT SCHOOL DISTRICT (LISD)**

904 Juarez Ave., Laredo TX 78040

Contact: Rosina M. Silva  
Director of Guidance &  
Counseling/At Risk Population  
Office: 956.273.1263  
E-mail: rsilva@laredoisd.org

#### ***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

#### ***Services Provided:***

Drug and alcohol prevention presentations to any LISD school or community event

#### ***Credentials:***

Licensed Chemical Dependency Counselor (LCDC) at each LISD Middle & High School campus.

#### ***Fees:***

None (Service available for LISD Students only)

### **TEXAS A&M INTERNATIONAL UNIVERSITY (TAMIU)**

#### **Student Counseling Services**

5201 University Blvd., Zaffirini Success Center Room 138, Laredo, TX 78041

Contact: Aracely Hernandez, M.A.,  
LPC-S, LCDC  
Office: 956.326.2230  
E-mail: achernandez@tamiu.edu  
Crisis/After Hours: 956.326.2911  
(Campus Police)

#### ***Office Hours:***

Mon.-Tues. 8:00 a.m.-5:00 p.m.

Wed.-Thurs. 8:00 a.m.-7:00 p.m.

Fri. 8:00 a.m.-3:00 p.m./3:00 p.m.-5:00 p.m. Emergencies/crisis only

***Services Provided:***

Individual, group, family and couples counseling; referral services; wellness fairs; presentations; alcohol screenings, and outreach services.

***Credentials:***

Licensed Professional Counselor; Licensed Professional Counselor Intern

***Fees:***

Free to students enrolled at TAMIU only

Free to students registered at TAMIU only

**UNITED INDEPENDENT SCHOOL DISTRICT (UISD)**

**Education, Prevention, Intervention Counseling (EPIC)**

4410 State Hwy. 359, Laredo, TX 78043

Contact: Christina Flores, Director  
Of Guidance & Counseling

Office: 956.473.5248

Fax: 956.473.2098

E-mail: [curibeflores@uisd.net](mailto:curibeflores@uisd.net)

***Office Hours:***

Mon.-Fri. 8:00 a.m.-5:00 p.m.

***Services Provided:***

Drug and alcohol prevention presentations to any UISD school or community event.

***Credentials:***

Licensed Chemical Dependency Counselors (LCDC) at each UISD High School Campus and S.T.E.P. Academy

***Fees:***

None