



COVID-19 OUTREACH PROGRAM

(956) 794-3202

WHAT WE DO

- ✓ Social Service referrals
- ✓ Charitable Donation referrals
- ✓ Transportation referrals
- ✓ Job Assistance referrals
- ✓ Legal Assistance referrals
- ✓ Medical Care referrals
- ✓ Mental Health referrals
- ✓ Substance Abuse referrals
- ✓ Individual Crisis Counseling
- ✓ Group counseling
- ✓ Educational Presentations

Contact-Free, virtual and

Telephone services available!



If you or your family have been affected by the Covid-19 pandemic, we are here to help.

- Have you suffered any of the following?
- Personal or financial losses
- Emotional trauma or distress
- Physical or Mental Health issues
- Physical Abuse
- Increased substance or alcohol use
- Unemployment
- Legal Issues
- Heightened anger or frustration
- Social withdrawal
- Or just feel the need to support and local assistance?

Texans Recovering Together has trained professional available to assist you in the recovery process. Contact us today!

OUR GOAL

The Purpose of the Texan Recovering Together program is to assist those who have been affected by COVID-19 through education, outreach, resiliency and recovery efforts, referrals and supportive counseling.

Our FREE services are available via:

- Telehealth

Please find us on:

- Facebook: Border Region Behavioral Health Center
- Twitter: @Brbhcsocialm
- Instagram: borderregion.bhc
- Email: brquestions@borderregion.org